

ARIZONA

Harvest Schedule

— **FRESH PRODUCE** —

JUST AROUND THE CORNER



ARIZONA HARVEST SCHEDULE

FRUIT OR HERB

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
ANISE	●	●	●									●
APPLE, AMBROSIA									●			
APPLE, FUJI									●	●		
APPLE, GALA								●	●			
APPLE, GOLDEN DELICIOUS								●	●	●		
APPLE, GRANNY SMITH									●	●	●	
APPLE, PINK LADY										●	●	●
APPLE, RED DELICIOUS								●	●	●		
APPLE, SUNDOWNER										●	●	●
APRICOTS					●	●						
CHERRIES						●						
CILANTRO	●	●	●	●							●	●
DATES									●	●		
DILL	●	●	●								●	●
FIGS					●	●						
GRAPEFRUIT, RED BLUSH	●	●	●	●	●	●	●	●	●	●	●	●
GRAPEFRUIT, WHITE	●	●	●	●	●	●	●	●	●	●	●	●
GRAPES, CONCORD									●			
GRAPES, VARIOUS WINE					●	●	●	●	●			
LEMONS	●	●	●					●	●	●	●	●
MELONS, CANARY	●	●	●	●	●	●	●	●	●	●	●	●
MELONS, CANTALOUPE					●	●	●	●	●	●	●	
MELONS, CASABA						●	●	●	●	●	●	
MELONS, CRENSHAW						●	●	●	●	●	●	
MELONS, HONEYDEW						●	●	●	●	●	●	
MELONS, ORANGE FLESH						●	●	●	●			
MELONS, SANTA CLAUS						●	●	●	●			
MELONS, SHARLYN						●	●	●	●			
MELONS, SPECIALTY						●	●	●	●			
MELONS, WATERMELON					●	●	●	●	●	●	●	
ORANGES, BLOOD	●	●										●
ORANGES, MANDARIN	●	●	●									
ORANGES, NAVEL	●	●									●	●
ORANGES, SWEET	●	●	●								●	●
ORANGES, TEMPLE	●	●										●
ORANGES, VALENCIA		●	●	●	●	●	●					
PARSLEY	●	●	●	●						●	●	●
PEACHES					●	●		●				
PEARS								●				
PLUMS						●	●	●				
TANGERINES, FAIRCHILD											●	●
TANGELOS, MINNEOLA	●	●									●	●
TANGELOS, ORLANDO	●	●									●	●

ARIZONA HARVEST SCHEDULE

VEGETABLE

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
ARTICHOKES		●	●	●	●	●						
ARUGULA	●		●	●	●						●	●
ASPARAGUS		●	●	●	●							
BEAN, FAVA		●	●	●								
BEAN, GREEN					●	●			●			
BEAN, PINTO							●	●	●	●		
BEAN SPROUTS	●	●	●	●	●	●	●	●	●	●	●	●
BEETS	●	●	●								●	●
BOK CHOY	●	●	●								●	●
BROCCOLI	●	●	●							●	●	●
BROCCOLI, BABY	●	●	●								●	●
BRUSSEL SPROUTS	●	●	●									●
CABBAGE, GREEN	●	●	●	●	●	●	●	●	●	●	●	●
CABBAGE, RED	●	●	●	●	●						●	●
CARROTS	●	●	●	●	●	●	●	●	●	●	●	●
CAULIFLOWER	●	●	●	●							●	●
CAULIFLOWER, GREEN	●	●	●								●	●
CELERY	●	●	●								●	●
CORN, SWEET					●	●	●	●	●	●	●	
CUCUMBER	●	●	●	●	●	●	●	●	●	●	●	●
DAIKON (JAPANESE RADISH)	●	●	●									
DANDELION	●	●	●	●							●	●
FRISÉE	●	●	●	●							●	●
GREENS, BEET	●	●	●	●							●	●
GREENS, COLLARD	●	●	●	●							●	●
GREENS, MUSTARD	●	●	●	●							●	●
GREENS, TURNIP	●	●	●	●							●	●
KALE	●	●	●	●							●	●
KOHLRABI	●	●	●									●
LEEKS	●	●	●								●	●
LETTUCE, BUTTER/BOSTON	●	●	●								●	●
LETTUCE, ENDIVE	●	●	●								●	●
LETTUCE, ESCAROLE	●	●	●								●	●
LETTUCE, ICEBERG	●	●	●								●	●
LETTUCE, LEAF	●	●	●								●	●
LETTUCE, ROMAINE	●	●	●								●	●
LETTUCE, SPRING MIX	●	●	●	●							●	●
MACHE	●	●	●	●							●	●
NAPA	●	●	●	●							●	●
NAPA CABBAGE	●	●	●									●
ONIONS, SWEET (DRY)				●	●	●	●	●				
ONIONS, GREEN	●	●	●	●	●				●	●	●	●

ARIZONA HARVEST SCHEDULE

VEGETABLE & TREE NUTS

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
PARSNIPS					●	●						
PEPPERS, GREEN BELL							●	●	●	●		
PEPPERS, RED BELL							●	●	●	●		
PEPPERS, GREEN CHILI						●	●	●	●	●		
PEPPERS, RED CHILI								●	●	●	●	
POTATOES, RED				●	●	●	●					
POTATOES, RUSSET				●	●	●	●					
PUMPKIN									●	●		
RADICCHIO	●	●	●									●
RADISHES	●	●	●	●	●					●	●	●
RAPINI	●	●	●									●
SALAD SAVOY	●	●	●								●	●
SPINACH	●	●	●							●	●	●
SQUASH (SUMMER) CROOKNECK						●	●	●	●	●		
SQUASH (SUMMER) SCALLOPED						●	●	●	●	●		
SQUASH (SUMMER) STRAIGHTNECK						●	●	●	●	●		
SQUASH (SUMMER) ZUCCHINI						●	●	●	●	●		
SQUASH (WINTER) ACORN									●	●	●	
SQUASH (WINTER) BANANA									●	●	●	
SQUASH (WINTER) BUTTERNUT									●	●	●	
SQUASH (WINTER) GOLD ACORN									●	●	●	
SQUASH (WINTER) HUBBARD									●	●	●	
SQUASH (WINTER) KOBACHA									●	●	●	
SQUASH (WINTER) SPAGHETTI									●	●	●	
SQUASH (WINTER) TURBAN									●	●	●	
SWISS CHARD	●	●	●	●							●	●
TOMATOES	●	●	●	●	●	●	●	●	●	●	●	●
TURNIP	●	●	●	●							●	●
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
PECANS	●										●	●
PISTACHIOS								●	●			

● WINTER PRODUCE ● SUMMER PRODUCE

AGRICULTURAL RESOURCES

FOR TEACHERS

AGRICULTURE IN THE CLASSROOM – ARIZONA FARM BUREAU

The Arizona Farm Bureau Agriculture in the Classroom Program develops and implements curriculum and programs aligned to the state learning standards to help students and teachers be successful, while increasing agricultural awareness in K-6 classrooms and beyond.

FOR MORE INFORMATION:

Visit www.azfb.org/programs/agriculture-in-the-classroom

ARIZONA AGRICULTURAL LITERACY PROGRAM – UNIVERSITY OF ARIZONA COOPERATIVE EXTENSION

Provide K-12 educators with professional development for improving students' knowledge which ensures an agriculturally literate society, one that understands and can communicate the source and value of agriculture as it affects our quality of life.

Programs include:

- **Summer Agricultural Institute** – SAI is a five-day, traveling tour designed to teach K-12 teachers about food and fiber production and help them incorporate that knowledge in the classroom curriculum.
- **School Garden Food Safety** – This online training provides guidelines that schools should implement to minimize microbial food safety hazards for fresh fruits and vegetables. Information on receiving certification from the AZ Department of Health Services is also provided.
- **AZ Agricultural Literacy Days** – AZ Agricultural Literacy Days is a free program that focuses on educating Arizona students about our connection to agriculture and the commodities produced on Arizona's lands.
- **Lessons** – AZ specific lessons as well as the national Agricultural Literacy Curriculum Matrix feature standards-based curriculum for K-12 teachers.

FOR MORE INFORMATION: Visit www.cals.arizona.edu/agliteracy/home

AGRICULTURAL RESOURCES

FOR TEACHERS

ARIZONA AGRICULTURE: BEE'S AMAZING ADVENTURE BOOK

Arizona Agriculture: Bee's Amazing Adventure brings farming and ranching in the Grand Canyon State to life, exploring the state's rich agricultural diversity through the eyes of Pee Wee Bee. Delighting elementary-aged students as she flits from field to field, Pee Wee shares fascinating facts about agriculture that stimulate young minds, helping schoolchildren understand the integral role that agriculture plays in Arizona's economy.

FOR MORE INFORMATION: Visit www.arizonaagriculturebook.com

SCHOOL GARDEN PROGRAM – ARIZONA DEPARTMENT OF HEALTH SERVICES

The goal of the School Garden Program is to enable fresh produce to be safely served in school cafeterias from their on-site school garden. The Arizona Department of Health Services School Garden Program will help your school garden meet the requirements of approved source as required in the Arizona Food Code.

FOR MORE INFORMATION: Visit www.azdhs.gov/preparedness/epidemiology-disease-control/food-safety-environmental-services/index.php#school-garden-program-home



AGRICULTURAL PROGRAMS

FARM TO SCHOOL



The Arizona Farm to School Program is growing! This initiative stems from the grassroots organization the **National Farm to School Network** that continues to build with the **United States Department of Agriculture** and has spurred a national movement that works to connect students to where their fruits and vegetables come from.

The Arizona Farm to School Program works to increase the consumption of fresh fruits and vegetables; teach students about Arizona agriculture; and support Arizona producers by bringing locally grown fruits and vegetables into school meals. These healthy educational programs are further emphasized with farm visits, experiences with native food traditions and gardening programs. Farm to School Programs teach students to invest in their health, their community and their environment.

FOR MORE INFORMATION:

ASHLEY SCHIMKE
Arizona Department of Education

Health and Nutrition Services
www.azed.gov/health-nutrition/farm-to-school-programs
602-364-2282

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